



Fall 2024

gcadvocates.org

Newsletter

Office: 970-725-3442
24 Hour Crisis Line: 970-725-3412
Email: info@gcadvocates.org



Domestic Violence is a “Cult of Two”

Cult leaders and domestic violence perpetrators have more in common than you may have thought. Psychologist Margaret Thaler Singer, Ph. D uses “cult of two” to describe the dynamics of abusive relationships. Like cult leaders, abusers use their charisma to draw in their victim. They create a world against the two of us scenario and controls who their partner interacts with and what they do with their time. They love hard and use abuse as a punishment to keep control of the situation. If their victim tries to leave, the abuser attempts to regain power by using force.

Through this chaotic relationship cycle, the victim loses their sense of self and may find that they are not able to function without the abuser, or that they are solely responsible for the abuser’s wellbeing.

If this describes a relationship you or someone you know is in, know you are not alone. There is local help available 24/7, 970-725-3412.

If you would like to be added to the e-newsletter list, please email us at info@gcadvocates.org

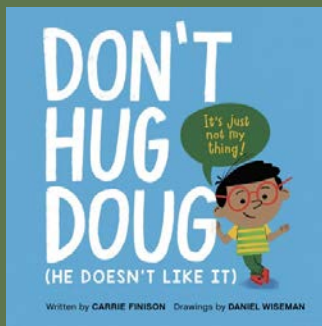
Follow us on Social Media:



Grand County Advocates for a Violence-Free Community



@grand_county_advocates



Book Recommendation

Doug is a young boy who likes you, but just doesn't like hugs. "Don't Hug Doug (He Doesn't Like It)" by Carrie Finison, is a cute and fun rhyming children's book that teaches kids about consent and the importance of respecting other's boundaries. This is a great conversation starter with preschoolers about their own personal boundaries and how they can use their words to ask for consent first.



Last month, Advocates hit a memorable milestone as we hired a new worker to be our Community Coordinator. This is the first time in agency history that we have four full time staff members and we couldn't be more excited! Kayla joins our community and agency from Pennsylvania and brings her knowledge and skills of fundraising and social media with.

Kayla and the Advocates' booth will be at the upcoming events listed in this newsletter. Stop by and say hi!

We Appreciate You!

Grand County Advocates receive funds from private donations and grants throughout the year. These funds go directly towards our programs and services for domestic violence and sex assault clients such as providing food, gas, clothing, and emergency shelter for clients. We value any donation, big or small, as they all keep our agency running. Thank you to all who have financially supported us, including these special folks:

Dr. Robert Williams

Grannis Family Fund

Weathertop Fund

Grand Foundation

Thank you 

HAPPENINGS

Find us at these upcoming events!



August 1st
5:30-8:30 PM

Music & Market at Polhamus Park in Granby



Grand Lake Arts & Crafts Festival

August 10th & 11th
8AM-4 PM

High Note Thursday at Rendezvous Event Center

August 22nd
6-8 PM



August 23rd
10:30-11:30 AM

Goat Yoga at Rendezvous Event Center

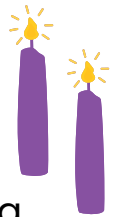
Goat Yoga is back for a second year in a row! Last year we SOLD OUT. Be sure to purchase your tickets before it's too late. Scan the QR code in the attached flyer, or visit our website at www.gcadvocates.org!



SEPTEMBER 2024: BACK TO SCHOOL!

We are excited to be back in the school districts and libraries, renewing our commitment to engaging and educating young minds.

OCTOBER 2024: DOMESTIC VIOLENCE AWARENESS MONTH!



October will be here before we know it! We are gearing up for a month full of community events, self-care workshops, promotions, and more. Stay tuned for an update on this year's awareness campaign!

If you are a local business & want to learn how you can be involved, email kdorney@gcadvocates.org



JOIN THE GRAND COUNTY
ADVOCATES FOR

GOAT YOGA!

FRIDAY AUGUST 23RD

10:30 AM HIDEAWAY PARK IN
WINTER PARK, CO



ROCKY MOUNTAIN
GOAT YOGA 

SCAN
FOR
TICKETS



OR VISIT OUR WEBSITE WWW.GCADVOCATES.ORG